**Evaluate** progress toward your goals

- If you have formal goals, check your progress relative to the milestones you established at the beginning of the year.
- If you don't have formal goals, think about what you set out to accomplish at the beginning of the year and what you have accomplished to date.

In evaluating progress, think not only about **what** you have accomplished, but **who** you have become as a part of the process. Ask yourself - What did I learn? How did I grow?

**My 2024 accomplishments:**

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**What did I learn? How I grow?**

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**Celebrate** what you have accomplished to date even if you have not accomplished everything you set out to accomplish at the beginning of the year.

- It's important that you acknowledge and celebrate your commitment to keep moving forward. No accomplishment is too small to celebrate.

**How I plan to celebrate my 2024 accomplishments**

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**Create a plan** to complete what needs to be completed by the end of the year.

- Is there something else you can do related to your goals?
- Are there areas of your life that have outstanding issues that need to be resolved before the end of the year?
- Use the month of December to bring closure to as much as possible.

**Identify the top three things that need to be completed by the end of the year and how you will complete them.**

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**Make room for something new** by letting go of things that no longer bring you joy or serve your highest good.

Assess your physical spaces (home, office, and car) and begin to clear out things that you no longer need, things you no longer feel connected to, or things that keep you stuck in the past.

**Identify what you need to release to make room for something new in 2025 utilizing the three filters: no longer need it, no longer feel connected to it, keeps me stuck in the past.**

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**Finish the Year Strong!**